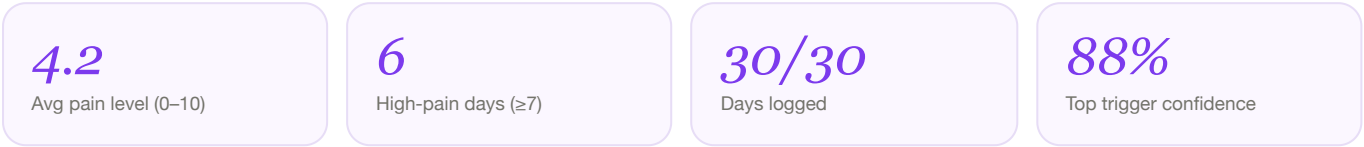
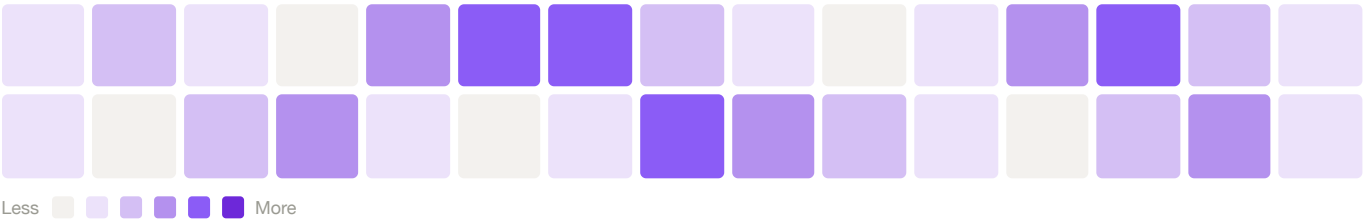


PCOS symptom *report*

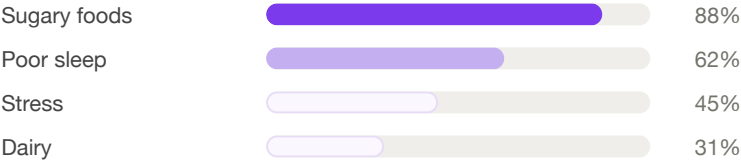
30-day self-tracking summary · Patient reference: M.K.



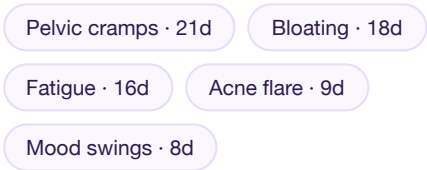
DAILY PAIN LEVEL — JUNE 2026



TOP CORRELATED TRIGGERS



MOST FREQUENT SYMPTOMS



PATTERN SUMMARY

Pain consistently spikes **within 2 days** of high-sugar meals (88% of high-pain days). Sleep under 6 hours is the second strongest correlate. Symptoms cluster in the luteal phase. Patient would like to discuss diet and insulin-related management options.